



SUCCESS MENTORSHIP

EMPOWERING YOUTH. STRENGTHENING FAMILIES. BUILDING FUTURES.

Invites the Community to

KEEPING IT REAL

a Mental Health "Fireside Chat"

REAL CONVERSATIONS. REAL SOLUTIONS. REAL HOPE.



**WEDNESDAY,
JUNE 24TH**
6:00 PM



6980 MAIN STREET
Lithonia, Georgia

FEATURING EXPERT SPEAKERS FROM



Claratel

BEHAVIORAL HEALTH

Compassionate Care. Lasting Change.

LET'S TALK
BEFORE THE CRISIS



NO QUESTION IS CRAZY!

TOPICS INCLUDE:



PSYCHOSIS:
CAUSES & EFFECTS



CUTTING



ANXIETY



**SUICIDAL
THOUGHTS**



DEPRESSION



PEER PRESSURE



LEARN ABOUT

**MENTAL
HEALTH CPR**

**BE PREPARED. BE A HELPER.
BE THE DIFFERENCE.**

★ YOU DON'T WANT TO MISS IT! ★

Together, we can break the stigma and build stronger minds and families. ♥

**LIGHT REFRESHMENTS
WILL BE SERVED!**



ALL AGES WELCOME!

**YOUTH, PARENTS, CAREGIVERS,
COMMUNITY MEMBERS.**

